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**What Is *Contemporary Spine Surgery*?**

*Contemporary Spine Surgery* is a monthly publication for continuing education in orthopaedics. The six- or eight-page newsletter provides in-depth coverage of current topics to keep orthopaedic surgeons up to date on new developments, procedures, and advances in spine surgery.

**How Should Manuscripts Be Prepared?**

- Prepare manuscripts, including tables and figure legends, using commercially available word-processing software. Provide references, tables, and figure legends after the text. The word count for the manuscript is 4000 words, not including figures and tables.
- Include a separate title page with the name, address, e-mail address, and telephone and fax numbers of the author responsible for correspondence with the editorial office and review of page proofs.
- Begin each article with three learning objectives. Provide 10 Continuing Medical Education questions at the end of the document (see Continuing Medical Education Quiz, below).
- Cite references, numbered consecutively through the text, and format according to AMA/Index Medicus style. Please do not use the endnote or footnote functions in Microsoft Word to formulate the reference list. In general, manuscripts should not contain more than 30 references. Because of space limitations, try to limit references to critical sources.
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**How Should the Continuing Medical Education Quiz Be Prepared?**

Each article will be published with a Continuing Medical Education quiz consisting of 10 multiple-choice questions. Authors should provide these questions and answers with the finished manuscript. Each question must have only one correct answer, and each answer should be clearly supported by the text. Example:

The most common reported complication after discography is

- A. disc herniation
- B. urticaria
- C. increased low back pain
- D. retroperitoneal hemorrhage

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